



# FIVE MINUTES (That's a lot of time) (No, it's not) (Yes, it is)

Age Range: 3 - 7 years

Grade Level: Preschool - 2

Hardcover: 32 pages

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Books for Young Readers

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## About the book:

Five minutes is a lot of time... or is it? Well, it depends on what you're doing, of course! Follow one little boy and his family on a very busy day, as he discovers that sometimes five minutes feels like forever--like when you're finishing up at the dentist's office or waiting in line for the bathroom or in the backseat on a long car ride--and sometimes five minutes feels like no time at all--like when you're playing your favorite game or at the tippy top of a roller coaster or snuggling up with a book before bedtime.

A one-of-a-kind, laugh-out-loud picture book, perfect for any kid who has ever begged or bemoaned, "Five more minutes?!"

## About the author-Liz Garton Scanlon:

Liz Garton Scanlon is the author of numerous beloved books for young people, including the highly-acclaimed, Caldecott-honored picture book *All the World*, illustrated by Marla Frazee, and her debut novel for middle grade readers, *The Great Good Summer*, as well *Another Way to Climb a Tree*, *Bob*, *Not Bob* and *Dear Substitute* (both co-authored with Audrey Vernick), and several others. Ms. Scanlon serves on the faculty of the Vermont College of Fine Arts, and is a frequent and popular presenter at schools, libraries and conferences. She lives with her family in Austin, Texas.



# About the author–Audrey Vernick:

Audrey Vernick writes fiction and nonfiction for young readers. She is the author of the New York Times Notable Book Brothers At Bat, as well as First Grade Dropout, Is Your Buffalo Ready for Kindergarten, and many others. A three-time recipient of the New Jersey Arts Council's writing fellowship, Audrey's books have been translated into ten languages. She visits elementary schools throughout the country but she lives near the ocean with her family.



#### About the illustrator-Olivier Tallec:



After graduating from the Ecole Supérieure d'Art graphique, Olivier Tallec worked in advertising as a graphic designer. Since then he has done illustrations for newspapers, magazines and more than 50 books for children. He's also fascinated by textiles and by all forms of popular culture. He lives and works in Paris, France.

# Pre-Reading Discussion:

#### Consider the illustrations on the front and back cover:

- Study the different illustrations of the boy on the front cover. In one, he appears to be very happy. In another, he seems rushed. In the last one, he seems to be impatiently folding his arms. Identify with his feelings. Describe times that you have felt very happy, rushed, or impatient.
- Read the title of the book. Are there situations when the span of five minutes seems or move slowly to quickly? Explain your answer.
- Study the illustration featured on the back cover. What is the boy doing? Explain why he wants his parents to wait five more minutes. Are his parents enthusiastic about his request? Why or why not?
- Predict what you think this story is going to be about.

# Post-Reading Discussion:

### Five minutes is forever

- To *wait* means to pause, hold everything, and delay. Consider the illustrations featuring the boy as he waits with his parents at the bank, the library, and the post office. How is he feeling while waiting? Explain why this is so.
- The word *forever* means everlasting, infinitely, and enduring. Tell why waiting to use the bathroom makes five minutes seem like "forever".
- Impatient mean antsy, anxious, unwilling to wait. Identify moments that you feel impatient. Does time seem to move slowly when you're feeling antsy or anxious? Explain why this is so.

## Only five minutes?

 Notice that the boy seems surprised when five minutes has passed while he is with his father at the pet store and reading to his stuffed animals. Explain why this is so.

- Observe the illustration where the boy is engaged in the duck fishing game, an activity which requires a great deal of focus and concentration to win. Tell why he needs more than five minutes to complete this task. Give an example of an experience when you needed more time to get something like this done.
- Explore reasons for five minutes passing quickly when a person is thinking hard or feeling excited. How are these experiences different than situations when five minutes move very slowly?

Except for sometimes, when five minutes is just right.

- Consider the illustration featuring the boy and his father reading a bed-time story. Determine why five minutes feels "just right" for the boy in this moment.
- The word *calm* means quietness, relaxed, and peaceful. Does time move slowly or quickly when a person feels calm? Explain your answer.

#### Time Yourself



Use a stop watch to time yourself while you're engaged in different activities. For example, time yourself for five minutes when you're playing, or cleaning your room, or waiting for an exciting event to take place. How quickly does time move when you're doing different things? Tell why this is so.

# The Five Minute Flip Book

Experience the movement of the hands of the clock or the incremental five minute changes of a digital clock by creating The Five Minute Flip Book. A supply list and instructions are featured on the following page.





## The Five Minute Flip Book

#### **Instructions:**

- Print this page of the guide. Use scissors to trim around the border of the pages.
- Organize the flip book pages sequentially in five minutes increments from 12:05 to 1:00.
- Place flip book cover on top of the stack. Secure booklet together by placing staples on far left side of the booklet.
- Watch the clock's hands move around the clock face by holding the flip book in your left hand. Flip through the pages with your right.



























